Asking others: a survey experiment

Test a belief about what other people think by asking them.

Name _____ Date _____

The belief I want to test. For example: "Anyone who saw me blush would think I was weak."

The question or questions I will ask

Who will I ask? Aim for five or more people. Your therapist can also ask people for you, without naming you.

What do I predict they will say?

Person	What they said

What did I learn? How does it fit with what I predicted?

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